WEEK OF:

September 1, 2025

School Office Hours:

Monday - Friday 7:30 am - 3:30 pm

Phone: (405) 843-3909 Fax: (405) 843-6519



Upcoming Dates

Monday, Sept. 1 **NO SCHOOL**

Thursday, Sept. 4

School Mass (5th Grade - Leonard serves)

> Friday, Sept. 5 Jeans Day

Tuesday, Sept. 9

Picture Day

September 17 & 18

Grandparents Day

September 20

CK Run

Saturday, November 8

CK Auction

KNIGHTLY NEWS



WHERE EVERYBODY IS SOMEBODY, AND ALL LIVE FOR GOD. CHRIS

CHRIST THE KING CATHOLIC SCHOOL

September	CK Cafeteria			
				Lunch Menu - CK
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Prito Chili Pie Carrot-Raisin Salad String Cheese Peaches Chicken Fajita Wraps California Club Wrap w/ Hummus Southern Chicken Salad	CHARCUTERIE BOX Turkey & Ham Rolls Cheese Cubes Hummus & Vegetables Red Grapes Grilled Chicken Sandwich Pepperoni Pizza Terrace Salad	Buffalo Chicken Sliders Macaroni & Cheese Fresh Cucumbers Mixed Fruit Cheeseburger Turkey & Bacon Wrap Asian Chicken Salad	Bagel Pizza Side Caesar Salad Fresh Fruit Cup Cookie Baked Potato Bar Cheese Pizza Taco Salad
Grilled Hot Dog Pasta Salad Tater Tots Carnival Cookie Spicy Chicken Sandwich Pepperoni Pizza Chicken Caesar Salad	Chili Cheese Crispito Rice & Cilantro Marinated Black Bean Salad Churro Dessert Chicken Fajita Wraps California Club Wrap w/ Hummus Southern Chicken Salad	Baked Chicken Strips Mashed Potatoes Glazed Carrots Peaches Grilled Chicken Sandwich Pepperoni Pizza Terrace Salad	Turkey & Ham on a Croissam Ruffles Chips Carrots & Celery Sticks Orange Smiles Cheeseburger Turkey & Bacon Wrap Asian Chicken Salad	Baked Cheese Ravioli Broccoli and Cheese Garlic Breadstick Pudding Cup Baked Potato Bar Cheese Pizza Taco Salad
Mini Turkey Corn Dogs Macaroni & Cheese Mixed Vegetables Diced Fruit Spicy Chicken Sandwich Pepperoni Pizza Chicken Caesar Salad	Cheese Enchilada Mexican Rice Ranch Style beans Cinnamon Applesauce Chicken Fajita Wraps California Club Wrap w/ Hummus Southern Chicken Salad	Baked Potato Bar Country Green Beans Garlic Toast Fresh Grapes Grilled Chicken Sandwich Pepperoni Pizza Terrace Salad	Cheeseburger Potato Wedges Baked Beans Cantaloupe Cheeseburger Turkey & Bacon Wrap Asian Chicken Salad	Chicken Alfredo Glazed Carrots Peaches Chocolate Chip Cookie Baked Potato Bar Cheese Pizza Taco Salad
Meatball Sub Sandwich Kettle Chips Corn Cookle Spicy Chicken Sandwich Pepperoni Pizza Chicken Caesar Salad	Beef Nachos Ranch Style Beans House Salad w/ Dressing Pineapple Tidbits Chicken Fajita Wraps California Club Wrap w/ Hummus Southern Chicken Salad	Pancakes Hash browns Bacon Apple Slices Grilled Chicken Sandwich Pepperoni Pizza Terrace Salad	Chicken Fried Rice Edamame Egg Roll w/ Sweet & Sour Sauce Mandarin Oranges Cheeseburger Turkey & Bacon Wrap Asian Chicken Salad	Spaghetti w/ Meat Sauce Country Green Beans Garlic Knots Diced Fruit Baked Potato Bar Cheese Pizza Taco Salad
Baked Chicken Strips Scalloped Potatoes Fresh Green Beans Pears Spicy Chicken Sandwich Pepperoni Pizza Chicken Caesar Salad	Chicken Quesadillas Chili Beans Corn Salad Apples Gala Chicken Fajita Wraps California Club Wrap w/ Hummus Southern Chicken Salad	MCA Special Order:	Beef Burrito:	

DID YOU KNOW?

The monthly lunch menu is posted on the CK website. Please take a moment to print the menu and review it weekly with your child so they can decide what day they want to buy the "Tray," buy a "Box Lunch" (prepared sandwich/chips) or "Bring" something from home. Whatever they choose, we want them to EAT and help fuel their brains!



August 30, 2025

Dear CK Parents:

Shortly after the tragedy at Annunciation Catholic Church in Minneapolis unfolded, a leadership and security team at CK met to discuss changes needed for school Mass. While we regret having to put any limits on family members attending school Mass with their children, we feel that the protocol below will help us with knowing, understanding, and vetting who attends school Mass each week. These changes will institute an orderly process for parents to enter the atrium, check in, and wait for their children.

Know that the safety of the students at CK is top priority for us. We have applied for a security grant, which would allow us to make some significant security improvements to the school and church campus. Further, we have secured additional security personnel for all large events at CK for the 2025-2026 school year. I have requested that after-hours officers arrive early to help monitor carpool proceedings. Deputy Fig conducts regular safety trainings for the staff, and all teachers participated in a safety briefing conducted by Page Houser and Detective Wes Cadena before school started. You may notice some other physical changes around campus that have been made for safety purposes. Each school shooting brings new information and circumstances to which we must adapt and prepare for.

We are very fortunate to have a full-time SRO officer on campus, as well as an officer here for Kids Club. We have cameras all over campus. All exterior doors and gates are locked, and teachers teach with internal doors locked. The entire staff is equipped with the RAVE app, for which communication regarding an emergency is sent to all staff, including local first responders. Each classroom teacher has a walkie-talkie, which has proven to be extremely valuable for quick communication. The school has a panic button that closes all fire doors and alerts proper authorities.

We have made many investments in security over the years, and will continue to do so for the safety of all at CK. We ask for your help and vigilance in keeping the campus secure. If in the school building, please do not open the door for anyone. If you see something suspicious, let the office know immediately. It takes a village, and we have the best village on the planet.

New Protocol for School Mass:

- Families must RSVP for attendance at school Mass by 1:00 p.m. the day before (this
 would usually be on Weds); RSVP using this link:
 https://forms.gle/6KBFLgoy7szqqch98
- One east door in the atrium will be unlocked for parents to enter beginning at 7:45 a.m.;
- An administrator or staff member will be at the welcome desk to check your name off the RSVP list and give you a green visitor sticker;
- After check-in, visitors must wait for students by the stairs leading to the church in the foyer;
- The atrium (& all) doors will be locked at the start of Mass at 8:15; nobody will be allowed in after that time.

Safety Protocols Already in Place:

- An SRO officer present during school Mass;
- All teachers equipped with walkie talkies and red emergency bags (including contact list of parents);
- Church doors locked;
- School Mass time is not listed on the website or church bulletin;
- School Mass is closed to the public.

We will continue to evaluate the situation and adapt as needed. Thank you for your cooperation with our new protocol.

Sincerely,

Jenny Richard, PhD

Principal

Christ the King Catholic School

Recess/Lunch Duty Lookout September 1 – September 12

Sep 1- Sep 5	MONDAY 9/1	TUESDAY 9/2	WEDNESDAY 9/3	THURSDAY 9/4	FRIDAY 9/5
K & 1 st 10:45 – 11:35	NO SCHOOL	Melissa Smith	Katelyn Altendorf Maggie Dowdy	Jessica McClendon	Megan Tilly Amy Wilkins
2 nd & 3 rd 11:10 – 12:00	NO SCHOOL		Laura Hogsett		Lacey Goodwin
4 th & 5 th 12:00 – 12:25	NO SCHOOL	Kay Laubach			Lindsey Shadid Katherine Darr
JR. HIGH 12:25 – 12:40	NO SCHOOL	Sarah Thomas			Holly Tacheny
Sep 8- Sep 12	MONDAY 9/8	TUESDAY 9/9	WEDNESDAY 9/10	THURSDAY 9/11	FRIDAY 9/12
K & 1 st 10:45 – 11:35		Holly Smith Linda Almaraz	Kelsi Perkins Molly Cleary	Jennifer Levine	Camille Jackson
2 nd & 3 rd 11:10 – 12:00	Emma Flinton Beth Price	Shelley Fritch		Lisa Morton	
4 th & 5 th 12:00 – 12:25	Sarah McCombs	Shelley Fritch	Whitney Sullivant		



PRESCHOOL, KDG, & 1ST GRADE GRANDPARENTS' DAY: 9-17-2025 Grandparents meet in the Church Atrium at 9:00 for registration and refreshments. Classroom visits will begin by 9:20 and end at 10:00.

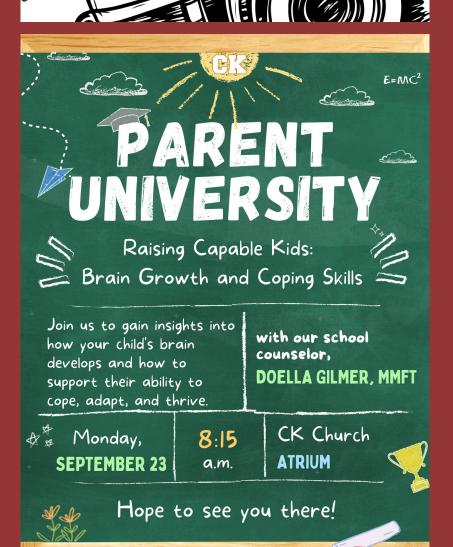
2ND GRADE - 8TH GRADE GRANDPARENTS' DAY: 9-18-2025 Grandparents meet in the Church Atrium at 8:00 for registration and refreshments. Classroom visits will begin around 8:20. Mass with grandchildren at 9:30.

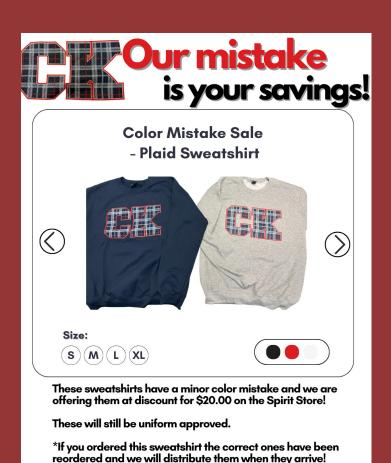


Tuesday, September 9th

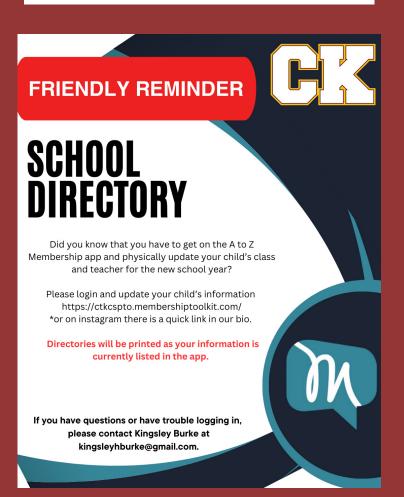


*This year we will be taking individual school pictures dressed in regular uniforms.











with our amazing community! It's always a crowd pleaser with a lively DJ, fun run/walk, delicious food trucks, face painters, balloon

twisters, and more surprises!

7:45a - Opening Prayer

9:00a - 1 mile fun run or walk 9:45a - Toddler Dash

Don't miss out on having your race day shirt for the

event! Prices to participate will increase after

August 28th and race shirts are not guaranteed for

race day if registering after this date!
TO REGISTER IS LOCATED AT THE TOP OR IN THE
CKPTO INSTAGRAM BIO!

8:00a - 5K



SPECIAL ANNOUNCEMENT!!

As announced during Meet the Teacher/Curriculum Night, CK will no longer allow birthday treats to be brought to school for grades K-8th (effective September 2, 2025). This is in an effort to reduce sugary treats during the school day and promote student wellness. Instead, all students will enjoy a special dress-out day during their birthday month. Know that each morning, students' birthdays are read over announcements, Fr. Rex gives a special birthday blessing during Knights Assembled each month, and teachers will make efforts so that students enjoy a special status on their actual birthday. Birthday dress-out days are as follows:

Wednesday, September 24, 2025

Wednesday, October 29, 2025

Wednesday, November 12, 2025

Wednesday, December 17, 2025

Wednesday, January 21, 2026

Wednesday, February 11, 2026

Wednesday, March 25, 2026

Wednesday, April 22, 2026

Wednesday, May 13, 2026 (includes June birthdays!)



YEARBOOK COVER ART CONTEST

ALL STUDENTS WELCOME TO ENTER!

ALL ENTRIES DUE TO MRS. CHEEK BY SEPT. 26!

Theme:

GOLD
(Like the Golden
Rule or our
school colors)

TITLE: THE GOLDEN AGE OF CK

Rules for Entries:

- · Art must be on white, letter sized paper
- portrait oriented
- in color using paint, marker or colored pencil
- Include the title: The Golden Age of CK
- Please include the theme in your artwork
- Include the year: 2025-26
- write your first and last name in pencil on the back.
 include your grade and teacher name
- all entries due by September 26

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SPONSORS



GOLD LEVEL

Bishop McGuinness Catholic High School

TheWedman Family

Body20

MAROON LEVEL

Cooper Custom Builds The Ikard Family
The Parham Family
Preston & Beck Robinson

The Tilly Family
The Ridener Family
The Karsten Group

KNIGHT LEVEL

The Nyguen Family Emery, Campbell & Porter Smith Luke, Patrick & William Stacy The Farris Family Gabby & Reagan Rogers Physical Therapy Central

LITTLE KNIGHT LEVEL

The Buck Boys

Clark & Jamie Doolittle French & Walter Hoehn

Emma Peacock



Where Everybody is Somebody and All Live for God!

Christ the King Catholic School is a tax-exempt 501(c)(3) organization, and our Federal ID number is 73-0717670.

The 10th Annual CK Run

A Celebration of the Christ the King Community Presented by Christ the King Catholic School Saturday, September 20, 2025

Presenting Sponsor \$3,000

- Exclusive presenting sponsor acknowledgement including company logo in the most prominent placement on the race day t-shirt (first tier)* and company signage opportunity at packet pick-up
- Opportunity to include company literature, promos in race packets, promo race day tent/table**
- Recognition and Logo on Christ the King School and Church Social Media pages, the Parish Bulletin, the CK Run Race Registration site
- 4 complimentary race of choice youchers with packets (includes race day t-shirt) (compon code provided upon request)

Crown Sponsor \$2,000

- Company logo in prime position on t-shirt (second tier)*
- Opportunity to include company literature, promos in race packets, promo race day tent/table**
- Acknowledgement/signage at packet pick-up
- · Recognition and Logo on Christ the King School and Church Social Media pages, the Parish Bulletin, the CK Run Race Registration site
- 2 complimentary race of choice vouchers with packets (includes race day t-shirt) (compon code provided upon request)

Gold Sponsor \$1,000

- Company logo on the back of t-shirt (third tier)*
- Opportunity to include company literature, promos in race packets, promo race day tent/table**
- Acknowledgement/signage at packet pick-up
- Recognition and Logo on Christ the King School and Church Social Media pages, the Parish Bulletin, the CK Run Race Registration site
- 2 complimentary race of choice vouchers with packets (includes race day t-shirt) (compon code provided upon request)

Maroon Sponsor \$500

- Company or Family name or logo on the back of t-shirt (fourth tier)*
- Opportunity to include company literature, promos in race packets, promo race day tent/table**
- Recognition and Logo on Christ the King School and Church Social Media pages, the Parish Bulletin, the CK Run Race Registration site

Knight Sponsor \$250

- Company or Family name on the back of t-shirt* (fifth tier)
- Opportunity to include company literature, promos in race packets, promo race day tent/table**
- Recognition and Logo on Christ the King School and Church Social Media pages, the Parish Bulletin, the CK Run Race Registration site

Little Knight Sponsor \$100

- Back by popular demand! Your child's name listed on the back of the CK Run t-shirt (lowest tier)
- \$100 per child's name

*Sponsor by August 29thd to guarantee company logo and/or business or family name on the official 2025 CK Run race t-shirt.

**If you wish to set up a promotional table or tent on race day, you must bring your own setup and materials.



Saturday, September 20, 2025

2025 Sponsorship Form

Online Payment: Pay your sponsorship online here: https://runsignup.com/ckrun/donate. Please note, a processing fee will apply when paying online. You will receive a confirmation email, which will also serve as your tax-deductible donation receipt.

Check Payment: Please return one copy of this form and monetary donation to the address listed below. Please retain one copy as your receipt for your tax-deductible donation. Christ the King Catholic School is a tax-exempt 501(c)(3) organization, and our Federal ID number is 73-0717670.

Yes, I'd like to make a mo	netary donation. A check in the amount of \$	is enclosed. *
Yes, I would like to make	an in-kind donation of	<u> </u>
Individual/Business Name:		
Contact:		
Address:	<u> </u>	
City/State/Zip:	<u> </u>	
Phone:		
Email:		

All Sponsors will be recognized on the Christ the King School and Church social media pages, the Parish Bulletin, as well as the CK Run registration site.

Please make all checks payable to Christ the King PTO and note 2025 CK Run in the memo.

Please mail this completed form and sponsorship check to

Christ the King School c/o 2025 CK Run

1905 Elmhurst Ave, Nichols Hills, OK 73120

Thank you for your sponsorship and support!

*Should you pledge \$500 or more by 8/29/2025, please send your logo in vector format (.ai or .eps) to: ckrun@ckschool.com.

Should you have any questions regarding logo file formats, please call email ckrun@ckschool.com.



Free Uniform Items!

Schedule an appointment to privately shop at the self-service Green Team Uniform Exchange Boutique by clicking the link below or scanning the QR code. Same day appointments are often available, but you must schedule an appointment to shop.

https://calendly.com/uniformexchange-ckschool/shopping



Donations are always accepted 24/7/365, in the bin just outside of the main school/Elmhurst entrance or just inside the door of the Boutique on the left during your appointment.

Questions: ckuniformexchange@ckschool.com

Support CHRIST THE KING

It's hard to believe the holiday season is around the corner!

As the time approaches for wrapping paper and holiday gifts, we invite you to support CK by registering your student today for our Charleston Wrap Fundraiser.

Help raise funds for their classrooms by sharing the wonderful items from **CHARLESTON WRAP** with family and friends.

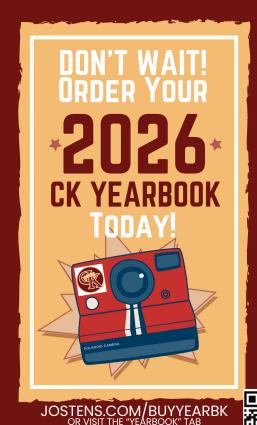
Register today at: registercw.com and use the organization ID: 11527.
All orders can be placed online from August 15th to September 19th.

For questions or concerns contact: 2025 Fundraising Chair Holly Tacheny Phone: 405-210-1047













In the spirit of the OKC CHAMPIONS, CK too will be running like champions this year!

DON'T MISS OUT ON THE FUN!

It's a blast for the whole family, plus all those cousins, aunts, uncles, grandparents and neighbors who want to join the party!

Our yearly run is the perfect way to dive into the new school year with our amazing community! It's always a crowd pleaser with a lively DJ, fun run/walk, delicious food trucks, face painters, balloon

twisters, and more surprises!

7:45a - Opening Prayer

8:00a - 5K

9:00a - 1 mile fun run or walk 9:45a - Toddler Dash



race day if registering after this date!
TO REGISTER IS LOCATED AT THE TOP OR IN THE



CK NEWSClick the photo above to watch!

Christ the King School Choir 2025-26

Rehearsals:

Rehearsals will be held every <u>Monday from 3:00-3:45 in the music room</u>, or the church choir room located in the basement of the parish center. <u>THERE WILL</u> <u>NOT BE REHEARSAL ON THE LAST MONDAY OF EACH MONTH.</u> This is to give the students a break and help avoid burnout. An email will be sent as a reminder when there is no rehearsal. <u>September 8th will be our first rehearsal.</u>

Attendance:

All choir members are expected to be at rehearsal unless I have been notified ahead of time. If a student misses rehearsal, they will not be allowed to sing for Mass that week. If you know your child will miss a rehearsal or Mass, please email me. Attendance will be taken at each rehearsal. If a student misses more than 4 rehearsals without prior communication they will be asked to pause their participation for the remainder year. If for any reason your child needs to stop their participation in choir, please communicate this with me. If your child cannot make Monday rehearsals but would still like to participate in choir please email me and we can work something out. I want every child who wants to be in choir to have the opportunity!

Performances:

The choir will sing for school Mass every week. December 14th at 5:00 we will be joining the adult choir for a Lessons and Carols concert. More information to follow.

Pick-up:

Rehearsal will end at 3:45. *Please make arrangements for your child to be picked up on time.* Students who are not picked up by 3:52 will be sent to Kid's Club, located in the Jr. High gym located on Guilford Drive. Jill Hardin, our Kid's Club director can be reached at 405-831-9216. Mrs. Hardin will need to be contacted for pickup. The pickup fee is \$1 per minute.

CHOIR REGISTRATION

Student's name	Grade & Teacher / House
Parents' name(s)	_
Parent cell phone numbers	
Parent email addresses *this will be the email included in the choir n	newsletter*
By signing below, I am agreeing to the inf	ormation listed above.
STUDENT SIGNATURE:	
PARENT SIGNATURE:	

Building Club Meeting

Topic: Building Lego Cities

Who:

All are welcome grades K-5th

When and where:

Thursday September 4th 3:00pm-3:45pm CK cafeteria

More Info:

Bring a gallon sized bag of legos. If you forget, no worries we have plenty to share! If your child will be going to kids club afterwards please let kids club know. Pick up for those not going to kids club is at the cafeteria doors off of guilford.

Interested in volunteering and safe environment trained? Email or text Alex Caldwell at Acaldwell478@gmail.com or (405)922-8318

Learn to play the

Pagpipe.

Fr. Boniface Copelin is offering piping lessons to students of Christ the King School of grades 5 and above.



Please contact Fr. Boniface at Boniface.Copelin@ArchOKC.org for further information.



BE PART OF THE CHANGE

VOLUNTEER

AND TRANSFORM LIVES

REQUIRED SERVICE HOURS

1ST QUARTER SERVICE HOURS ARE DUE THE LAST DAY OF THE QUARTER.

ANY SERVICE HOURS THAT WERE COMPLETED THIS SUMMER (KNIGHTS IN SERVICE, ALTAR SERVING, ETC.) WILL ONLY BE ACCEPTED FOR 1ST QUARTER.

SERVICE HOURS DO NOT ROLL OVER!

1ST OUARTER REQUIREMENTS:

6TH GRADE: 1 HOUR

7TH GRADE: 2 HOURS

8TH GRADE: 3 HOURS



All 6th grade students getting confirmed at Christ the King must be registered online by Wednesday, September 3rd. There is also a mandatory parent meeting on Sunday, September 7th at 11:15 am in the Garden Room. Please contact Nathan LaCroix at nathan@ckokc.org with any questions.



The Return of Jr High Youth Group!

August 27th!
and Every
Wednesday
Following
Located in the
school gym

3:00-4:15

Questions? Contact Nathan@ckokc.org



SAFE

ENVIRONMENT CERTIFICATION NOTICE:

All Safe Environment certificates expire July 31st. The next training course will be available on August 1st, and the training will need to be completed by August 30th.

If you plan to volunteer with any school activities such as special events, the CK Run, lunch duty, etc., you MUST be Safe Environment Certified.

Please make sure to renew your training before August 30th

The training can be found at https://ckokc.org/safe-environment **beginning August 1**st.

CHRIST THE KING CATHOLIC SCHOOL

WHERE EVERYONE IS SOMEONE, AND ALL LIVE FOR GOD

September 2025

FAITH FOCUS

MONTHLY VIRTUE - FAITH

BELIEVING IN GOD EVEN THOUGH WE CAN'T SEE HIM AND BELIEVING IN ALL GOD REVEALS TO US

MATTHEW 25

THIS MONTH OUR 5TH GRADERS WILL BE COLLECTING TOOTHPASTE, DEODORANT AND BODY WASH FOR WINGS, WE WILL ALSO BE ASSISTING WINGS SET UP THEIR PUMPKIN PATCH

MASS SCHEDULE

SEPTEMBER 4 - 5TH LEONARD SEPTEMBER 11 - 4TH EDELEN

SEPTEMBER 18 - 6TH (A)

(GRANDPARENTS DAY)

SEPTEMBER 25 - 3RD DREW

OCTOBER 9 - 8TH (B)

OCTOBER 16 - 7TH (B)

OCTOBER 23 - 2ND CLOER OCTOBER 30 - 4TH PHOENIX NOVEMBER 6 - 6TH (B)

NOVEMBER 13 - 3RD LUNN

NOVEMBER 20 - 5TH HOHERTZ

DECEMBER 4 - 2ND HOLSTEIN

DECEMBER 8 - 8TH (A&B)

(IMMACULATE CONCEPTION)

DECEMBER 16TH

School Office Hours:

Monday - Friday 7:30 am - 3:30 pm

Phone: (405) 843-3909 **Fax:** (405) 843-6519

Financial Office Hours:

Tuesday & Wednesday 10:00 am – 1:00 pm Thursday 10:00 am – 12:00 pm

Newsletter Deadline:

Email information by Midnight Thursday to cknewsletter@ckschool.com

To access the Newsletter, please visit www.ckschool.com, select the "PTO" tab at the top of the page and then the "Information & Resources" link in the drop-down menu.







