

WEEK OF: November 24, 2025

School Office Hours:

Monday - Friday
7:30 am - 3:30 pm

Phone: (405) 843-3909

Fax: (405) 843-6519



Upcoming Dates

Week of Nov. 24-28

No School
Thanksgiving Break

Friday, Dec. 5

Jeans Day



KNIGHTLY NEWS

WHERE EVERYBODY IS SOMEBODY,
AND ALL LIVE FOR GOD.

CHRIST THE KING
CATHOLIC SCHOOL

November 2025

CK Cafeteria

Lunch Menu - CK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
- Chicken Nuggets - Mashed Potatoes - Green Peas - Peaches - Spicy Chicken Sandwich - Pepperoni Pizza - Chicken Caesar Salad	- Cheese Enchilada - Mexican Rice - Ranch Style beans - Dessert Topping - Chicken Fajita Wraps - California Club Wrap w/ Hummus - Southern Chicken Salad	- CHARCUTERIE BOX - Turkey & Ham Slices - Cheese Cubes - Hummus & Vegetables - Fresh Grapes - Grilled Chicken Sandwich - Pepperoni Pizza - Terrace Salad	- Baked Potato Bar - Seasoned Green Beans - House Salad w/ Dressing - Mixed Fruit - Cheeseburger - Turkey & Bacon Wrap - Asian Chicken Salad	- Chicken Alfredo - Steamed Carrots - Garlic Breadstick - Pudding Cup - Baked Potato Bar - Cheese Pizza - Taco Salad
10	11	12	13	14
- Grilled Hot Dog - Broccoli Salad - Roasted red potatoes - Cup Cake - Spicy Chicken Sandwich - Pepperoni Pizza - Chicken Caesar Salad	- Chili Cheese Crispito - Rice & Cilantro - Marinated Black Bean Salad - Churro Dessert - Chicken Fajita Wraps - California Club Wrap w/ Hummus - Southern Chicken Salad	- Grilled Cheese Sandwich - Chicken Noodle Soup - Tomato & Cucumber Salad - Pears - Grilled Chicken Sandwich - Pepperoni Pizza - Terrace Salad	- Italian Dunker - Side Caesar Salad - Banana - Cookie - Cheeseburger - Turkey & Bacon Wrap - Asian Chicken Salad	- Bacon Cheeseburger - Potato Wedges - Corn - Cantaloupe - Baked Potato Bar - Cheese Pizza - Taco Salad
17	18	19	20	21
- French Toast Sticks - Hash browns - Sausage Patty - Apple Slices - Spicy Chicken Sandwich - Pepperoni Pizza - Chicken Caesar Salad	- Beef Nachos - Refried Beans - House Salad w/ Dressing - Pineapple Tidbits - Chicken Fajita Wraps - California Club Wrap w/ Hummus - Southern Chicken Salad	- Corn Dog - Macaroni & Cheese - Steamed Carrots - Peaches - Grilled Chicken Sandwich - Pepperoni Pizza - Terrace Salad	- Roast Turkey w/ Gravy - Mashed Potatoes - Green Bean Casserole - Cornbread Stuffing - Dinner Roll - Dessert Topping	- Mazzios Pizza - Side Caesar Salad - Fresh Fruit - Cookie - Baked Potato Bar - Cheese Pizza - Taco Salad
24	25	26	27	28

THANKSGIVING BREAK

Have a safe and happy Thanksgiving break!

DID YOU KNOW?

Online Parent Password

For safety reasons, the Parent Sections of the Christ the King website are now password protected.

The password is AveMaria77

**Recess/Lunch Duty Lookout
December 1 – December 5**

Dec 1- Dec 5	MONDAY 12/1	TUESDAY 12/2	WEDNESDAY 12/3	THURSDAY 12/4	FRIDAY 12/5
K & 1st 10:45 – 11:35	Jordan Miller	Melissa Smith	Katelyn Altendorf Maggie Dowdy	Jessica McClendon	Megan Tilly Amy Wilkins
2nd & 3rd 11:10 – 12:00	Cassidy Henry Caitlin Lieng		Laura Hogsett	Lesley Smith	Lacey Goodwin
4th & 5th 12:00 – 12:25	Caitlin Lieng Stefanie Wade	Kay Laubach			Lindsey Shadid Katherine Darr
JR. HIGH 12:25 – 12:40	Caitlin Lieng	Sarah Thomas			Holly Tachney

CONGRATULATIONS



NOVEMBER KNIGHTLY VIRTUE AWARD WINNERS

**Fletcher E.
Jack V.
Luke B.
Graham B.
Ellie M.
William G.**

**Molly N.
Aiden S.
Beau B.
Elizabeth E.
Jameson L.**

**Claire S.
Ella B.
Molly W.
Ava H.
Leila D.**

MONTHLY VIRTUE: STEWARDSHIP



NEW EPISODE!

CK NEWS

Click the photo above to watch!



PARTING WORDS FROM BEN TRACY



Thank you for attending my online safety presentation at Christ the King School on Thursday night.

I had the honor of speaking fourteen times at six different Catholic schools while I was OKC.

Key Takeaways from Student Presentations

Almost all of the middle school students had accounts on Snapchat, TikTok, or Instagram. Several mentioned that their parents did not know that they had accounts.

About half of students in grades 4-5 had those social media apps, and at least 75% were playing video games online such as Roblox, Minecraft, Fortnite, and more.

Nearly every middle school student admitted (in front of their teachers) to using ChatGPT or another AI platform for school work.

What else can parents do to keep their kids safe online?

You took the first step by showing up. Thank you.

Implement the takeaways from the parent talk

Have the difficult conversations.

Make sure your kids know they can come to you with anything that happens online.

Keep internet connected tech out of the bedroom at night.

Create a family tech agreement.

Set up parental controls.

Let them learn from online mistakes. If we are going to give them tech, we should also give them grace.

Subscribe to Haven. My talk discussed online dangers and high level solutions. Haven is the next step. We show parents exactly how to set up safety features and parental controls with monthly video updates, step by step tutorials, and a community of parents working together to keep their children safe online.

Please contact us if there's any way we can help keep your family safe online.

Ben Tracy
Online Safety Speaker
Founder of Safe Social Network
Ran Across America

SCOUTING NEWS



PACK 120

DECEMBER

PACK MEETING



Join us for our annual Arrow of Light Crossover Ceremony, where we witness our Arrow of Light recipients cross the bridge from Cub Scouts to Scouting America!

DECEMBER 3

6PM

CK CAFETERIA



Snowflakes & Crowns



Free Community Event

Dec. 7 1:30 - 3 p.m.

Come sparkle, create and celebrate the season at **Snowflakes & Crowns!** Enjoy winter-themed activities, crafts and fun with friends!

For K - 12th Grade Girls

(must be accompanied by a parent/guardian)



Camp Trivera
2508 NE 50th St.
Oklahoma City, OK 73111



To RSVP:
Scan code or visit
gswestok.org/snow

**Come Meet
Miss Oklahoma City,
Katelyn Woods**


girl scouts
western oklahoma

 **UNITED WAY**
Central Oklahoma

**Miss
Oklahoma City
Org**

(405) 528-GIRL GSWESTOK.org

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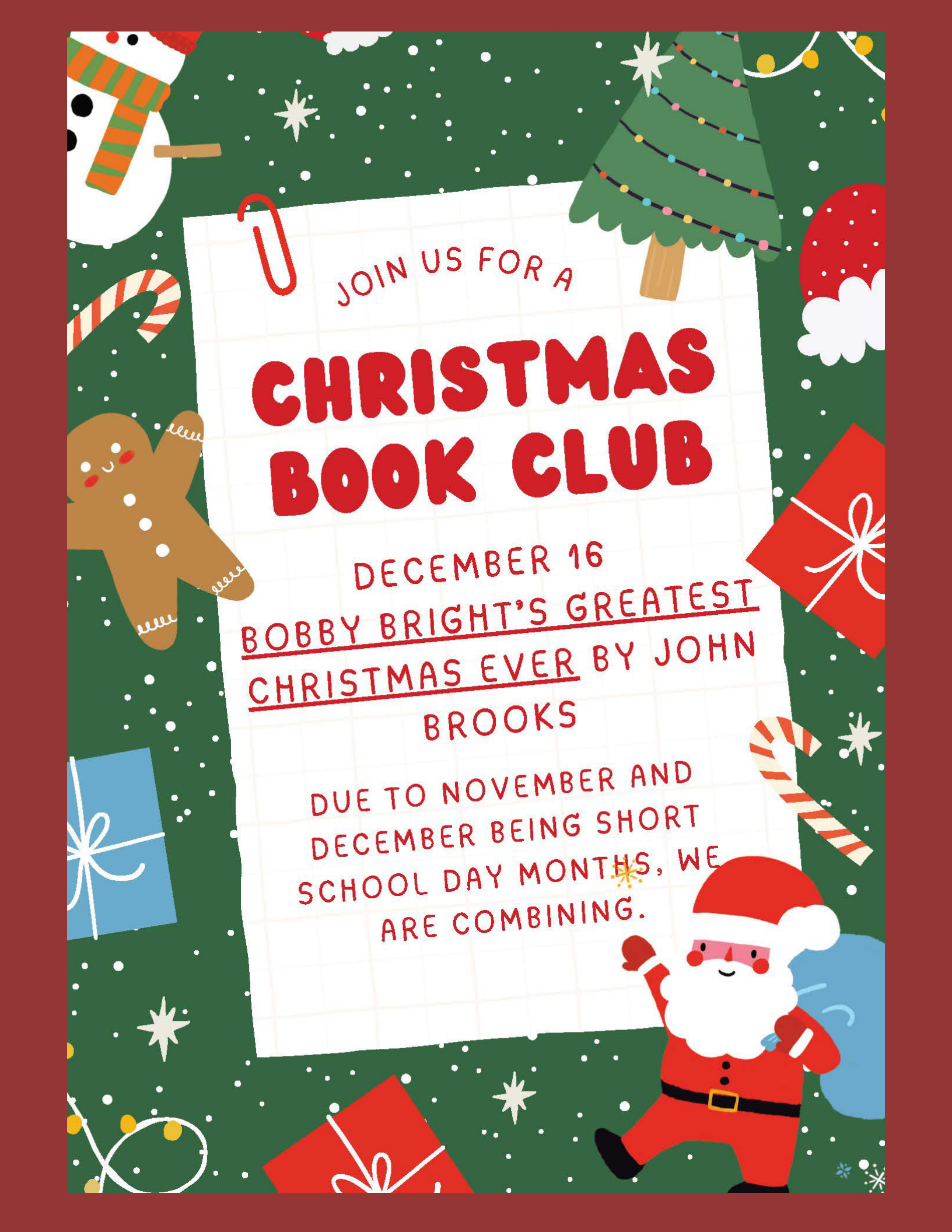
Let's go **KNIGHTS**



KEYS **PLEASE** **VOLLEYBALL** **FOBS NOW** **DUE!**

To protect the security of our community and ensure we have enough key fobs to give to people who need them, there is a \$25 fee for replacing lost key fobs. Key fobs are assigned to individuals, so please make sure to keep track of any key fobs that are assigned and given to you. If you lose a key fob, please report this to the office so we can disable it as a loose key fob can pose a security risk.

Thank you!



JOIN US FOR A

CHRISTMAS BOOK CLUB

DECEMBER 16
BOBBY BRIGHT'S GREATEST
CHRISTMAS EVER BY JOHN
BROOKS

DUE TO NOVEMBER AND
DECEMBER BEING SHORT
SCHOOL DAY MONTHS, WE
ARE COMBINING.



Parents' Night Out

HOSTED BY MSM TENNIS

Date: Friday, December 5th

Time: 6:00 - 9:00pm

Location: Mount St. Mary Commons

Included:

- Movie: The Polar Express
- Snacks: Hot chocolate and pizza
- Pajama Party: Wear PJs, bring blankets & pillows
- Holiday Fun: Christmas crafts will also be available

\$25
PER CHILD




Ages:
PK3-5TH GRADE
(MUST BE POTTY TRAINED)





SECOND QUARTER SERVICE HOURS

Service hours are due December 19.

Our goal with service hours is to get our students out into the community. Unless approved by an administrator, students may not earn service hours at school, or for a teacher. Hours may not be signed off by parents, unless approved by Mrs. Kepley or an administrator.

MATH OFFICE HOURS:

Mrs. Bishop and Mrs. Brim are offering math office hours on Tuesday mornings from 7:35-7:50, and Thursday afternoons from 3:30- 4:00

ATTENTION PARENTS OF JR HIGH & HIGH SCHOOL STUDENTS:



**WE ARE COLLECTING CONTACT
INFORMATION TO CREATE A NEW
DATABASE OF OUR YOUTH
FAMILIES. DON'T MISS OUT ON
EXCITING AND IMPORTANT
INFORMATION!**

SCAN QR TO QUICKLY SUBMIT

JR HIGH

SCAN ME



HIGH SCHOOL

SCAN ME



CHRIST THE KING CATHOLIC SCHOOL

WHERE EVERYONE IS SOMEONE, AND ALL LIVE FOR GOD

November 2025

FAITH FOCUS

MONTHLY VIRTUE

- STEWARDSHIP

RETURNING TO GOD THE
FIRSTFRUITS OF TALENTS,
TIME AND TREASURE

MATTHEW 25

- COAT DRIVE - BRING NEW OR GENTLY USED COATS AND JACKETS
- BOODLE BRIGADE - CLICK THE LINK BELOW TO SUPPORT OUR TROOPS

[CLICK HERE FOR ITEMS](#)

ADVENT CONFESSIONS

ALL STUDENTS 3RD - 8TH
GRADE WILL RECEIVE THE
SACRAMENT OF
RECONCILIATION DURING
ADVENT

PARISH LIFE

CLICK ON THE LINKS BELOW
TO SEE ALL THE MINISTRIES
OUR PARISH HAS TO OFFER:

[WEEKLY CK CRIER](#)
[WEEKLY PARISH BULLETINS](#)

MASS SCHEDULE

NOVEMBER 6 - 6 TH (B)	DECEMBER 4 - 2 ND HOLSTEIN
NOVEMBER 13 - 3 RD LUNN	DECEMBER 8 - 8 TH (A&B)
NOVEMBER 20 - 5 TH HOHERTZ	(IMMACULATE CONCEPTION)
	DECEMBER 16 TH

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Financial Office Hours:

Tuesday & Wednesday
10:00 am – 1:00 pm
Thursday
10:00 am – 12:00 pm

Newsletter Deadline:

Email information by Midnight Thursday to
cknewsletter@ckschool.com

To access the Newsletter,
please visit www.ckschool.com,
select the “PTO” tab at the top of the page and then the
“Information & Resources” link in the drop-down menu.

